

# Invitation to Department Day 20 June 2025

*When Excellence and Well-being Go Hand in Hand*

Dear colleagues,

We're looking forward to welcoming you to this year's Department Day at the Department of Biomedicine on **20 June 2025**. This year, with the overall topic: "*When Excellence and Well-being Go Hand in Hand*."

Excellence in research and education is important, and so is a good work environment. This day is an opportunity to reflect on how we balance ambitions with well-being—both individually and as a department. Through talks, discussions, and workshops we'll exchange ideas on how to foster a strong academic culture while taking care of ourselves and each other.

## **Programme** (*preliminary, venue plan will follow later*)

### **08:00 - 09:00 | Session primarily aimed at Postdocs, Assistant and non-PI Associate Professors**

- Introduction by Head of Department Thomas G. Jensen
- What is expected from you in relation to teaching by Deputy Head of Department Hanne Bjerregaard Møller
- Status on and news regarding the career development at Health by Vice Dean Per Höllsberg
- What do we know about the career concerns and questions raised by those who've contacted a career ambassador by Career Ambassador Kim Henningsen
- Time for questions and dialogue

### **09:00 - 10:00 | Session primarily aimed at PhD Students**

- Introduction by Head of Department Thomas G. Jensen
- What do you expect from yourself, what do you expect from your supervisor, and what do your supervisor typically expect from you by PhD Administrator Mia Maychrzak and Professor Thomas Vorup-Jensen
- What is expected from you as a PhD Student in relation to teaching by Deputy Head of Department Hanne Bjerregaard Møller
- Time for questions and dialogue

### **10:00 - 11:00 | Session primarily aimed at Laboratory Technologists and Medical Laboratory Technologists**

- Welcome and introduction by Head of Department Thomas G. Jensen
- Update on the department strategy and selected activities by Thomas G. Jensen
- Time for questions and dialogue

### **10:00 - 11:00 | Session primarily aimed at Administrative Staff and Core Facility Staff**

Preliminary topic: Workshop on communication. More information will follow later.

### **11:00 - 13:00 | Session for Research Group Leaders (*PI only*)**

- Welcome and introduction by Head of Department Thomas G. Jensen
- The research evaluation process (30 minutes):
  - General follow-up incl. status on the department strategy by Thomas G. Jensen

- Status on the strategy work in the research themes by the Theme Coordinators (5 minutes per theme)
- Economy and funding (30 minutes):
  - Understanding overhead (OH) and project supplement: Purpose and application by Thomas G. Jensen
  - Strategic financial planning: How to plan for the future with uncertain funding by (TBA)
  - Introduction to the new Research Support Office at Health by Division Manager Anne Cathrine Sønderstgaard Thorup and Advisor Lise Marie Andersen
- Group discussions on the following questions (40 minutes)
  - Defining excellence: What is excellence and how can excellence be sustainable?
  - Leadership in research groups: How do we navigate expectations in our research group—from both sides? And what do we do when expectations aren't met?
  - What three initiatives, within our own sphere of influence, could help make the department better?
- Time for questions and dialogue (15 minutes)

### **13:00 - 14:30 | Lunch and Poster Session**

A poster session to foster our internal network. Posters will not be individual, but will showcase activities of research groups, administrative units and core facilities. You can explore the variety of topics and services at the Department and the ample opportunities to intensify collaboration.

*Please note,* Posters can stay up beyond this session, until the evening.

All groups and units are strongly encouraged to dedicate time to preparing a poster.

### **14:30 - 15:30 | Parallel Sessions – you can sign up for one of the sessions below**

**Track 1:** Join us for *Bias Match*, a workshop where you will uncover unconscious biases using games, facilitated by Science Melting Pot. The primary goal of the workshop is to raise awareness of unconscious biases and their impact on decision-making in the workplace. Through games you'll match different types of biases with their definitions, uncovering how they influence our decisions and behaviors—often without us even realizing it. You'll also have the opportunity to reflect on real-life examples, exploring how biases can lead to flawed decisions and unequal opportunities. By the end of the workshop, you'll walk away with practical strategies to address biases and foster a more inclusive, equitable work environment.

**Track 2:** *ChatGPT at Work* by Professor Jacob Sherson: New habits, new opportunities  
GenAI is not just the future – it is already an effective tool in your everyday life. With a hybrid intelligence mindset and simple tools like Custom GPTs, everyone – even those without coding skills – can work smarter in research, teaching, and administration. Get concrete examples, inspiration, and a framework for using GenAI systematically instead of randomly.

### **15:30 - 16:00 | Coffee Break**

### **16:00 - 16:45 | Three perspectives on how to balance excellence and well-being, by**

Associate Professor Emma Evergren

Associate Professor David Olagnier

Professor Helle Prætorius

### **16:45 - 17:00 | Award Ceremony**

Presented by Thomas G.

### 17:00 - 20:00 | Social Gathering / Friday Bar

Join an informal evening with street food snacks, drinks, and games with colleagues

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#### Sign-up Information

Please register for Department Day [here](#) no later than 16 May 2025. Attending Department Day is free, but you must buy your own drinks at the Social Gathering.

For the morning sessions, you can sign up for the session you find most relevant to you, based on your interests and career path. For example, if you are a research assistant aiming for a PhD, the PhD session might be the best fit for you.

*Please note:* Vegetarian and vegan meal options are available. If you have any other dietary restrictions or allergies, please contact Liv Jensen at:

[lije@biomed.au.dk](mailto:lije@biomed.au.dk).

We look very much forward to seeing you 😊

Best regards,

Lena, Liv, André, Rikke, Anne and Jeannette

