

## 11<sup>TH</sup> NORDIC EMBL PARTNERSHIP MEETING

31 January – 1 February 2022, online via Zoom

## DAY 1 - YOUNG INVESTIGATOR'S MEETING

Monday 31 January

16:00 – 18:00 CET Workshop: "Distilling complexity" by Science Storytelling Coach Sara ElShafie Chair: Alexandra Berg

Join via this link: <u>https://us02web.zoom.us/j/81319060148</u>

Meeting ID: 813 1906 0148 Passcode: 590996

We will have a 2-hour workshop with Science Storytelling Coach Sara Elshafie. Sara has suggested that each of you print the pdf *'Worksheet Distilling Complexity'*, for you to work with during the workshop.

"Science is a search for evidence, but science communication is a search for meaning. Nothing makes content more meaningful than a good story. [...] I am a global change biologist who collaborates on science communication projects with a wide variety of artists, including filmmakers at major studios. As a scientist and educator, I understand your communication challenges. I use my methods to share my own scientific research with scientists and general audiences alike." Click here to read more.



## DAY 2 - YOUNG INVESTIGATOR'S MEETING

Tuesday 1 February, online via Zoom

09:00 – 12:30 CET Workshop: "Boost your confidence" by Coach Carmen Manea Chair: Lucie Woloszczuková

The workshop will be facilitated by Carmen Manea, Positive Intelligence Coach passionate to work with young scientists. In preparation of the workshop, please go through the pdf *'Boost your confidence\_preparations'*.

We would like to invite you to this Mental Fitness workshop to learn, through Positive Intelligence, how to grow the three core mental muscles to thrive in challenging times in order for you to boost your confidence to achieve peak performance, peace of mind and healthy relationships. This doesn't mean your life will be perfect, but you will learn how to respond to what life brings with a positive, wise, constructive mindset instead of a negative, destructive mindset. Read more about Positive Intelligence and Carmen Manea <u>here</u>.

We will do some practical exercises together, in small and large groups, so you can use them afterwards on your own or together with others.

12:30 – 13:30 CET Lunch break

13:30 - 15:00 CET Panel debate on career paths moderated by Vibeke Broe, PhD Career Consultant at Aarhus University

Joining us are five wonderful panelists with various career paths and all a background in neuroscience. Vibeke will lead the debate under three different themes: career path, current job and advise. We have set aside plenty of time for a Q&A session, so please prepare questions for our panelists.

## Panelists:

- Aimee Eckert, Senior Media Communications Officer at Breast Cancer UK
- Nadia El-Mijiyad, Research Programme Officer at European Research Council
- Philippe Bun, Staff Scientist at INSERM Paris
- Ditte Demontis, Associate Professor at iPSYCH at Aarhus University
- Anne von Philipsborn, Professor at Department of Neuroscience and Movement Science, University of Fribourg